



Assumption of the Blessed Virgin Mary Parish



320 Olmstead Street, Vanier, Ontario K1L 7K3 Tel: 613-746-8503

Email: assumptionparishchurch@outlook.com • Website: www.assumptionparishottawa.com



OUR PARISH MISSION STATEMENT (March 10, 1994)

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULE:

Weekends - Saturday: 9:00 a.m. and 4:00 p.m.
Sunday: 9:00 a.m.; 10:30 a.m.
12:00 p.m. (Filipino Mass)
Weekdays - Monday to Friday: 8:00 a.m.

DEVOTIONS

ROSARY - 20 minutes before weekday Masses.
FIRST FRIDAY - Exposition and benediction ending at 9:00 a.m.
EVERY FRIDAY - Holy Hour of Adoration - 7:00 p.m. - 8:00 p.m.
EVERY SUNDAY - El Shaddai Praise and Worship - After the 12:00 noon Mass

PASTORAL TEAM

Pastor: Rev. Fr. Dominic Lim, OFM Conv
Deacons: Rev. Paul Beaudoin
Rev. Ricardo Santiago
Pastoral Council Chair: Edgardo Piol
Temporal Council Chair: Art Guillermo
Secretary: Nora Arriola
Resident Friars: Rev. Fr. Jobe Abbass, OFM Conv
Rev. Fr. Saviour Karamvelil, OFM Conv

OFFICE HOURS

Monday to Friday
10:00 a.m. – 2:00 p.m.

PASTORAL CARE

BAPTISMS - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and must attend a baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

CONFESSIONS - 15 minutes before all Weekday Masses, as well as 3:30 p.m. on Saturday; or by appointment with the priest.

MARRIAGES - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

SPIRITUAL COUNSELING -
by appointment.

SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS -

Anyone who wishes to receive Anointing of the Sick or Holy Communion please call the office to have your name put on the list.

FUNERALS - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

Mass Intentions for the Week

Saturday, March 2nd, 2019

9:00 AM
4:00 PM

Sunday, March 3rd, 2019

9:00 AM
10:30 AM **Deacon Paul Beaudoin**
by Dianne and Ed Dunn
12:00 PM

Weekday Masses March 4th – March 8th, 2019

Mon 8:00 AM
Tue 8:00 AM
Wed 8:00 AM
7:00 PM Pro populo
Thu 8:00 AM
Fri 8:00 AM

Saturday, March 9th, 2019

9:00 AM
4:00 PM

Sunday, March 10th, 2019

9:00 AM
10:30 AM
12:00 PM **The ABVM Parish Community**



LITURGICAL MINISTERS
6th, 9th & 10th March 2019

7:00 PM Nora Arriola (EMHC), Manny Belay (EMHC),
Sonia del Rosario (EMHC),
Mary Miguel (L), Irish Olano (L)
9:00 AM Andrew Samonte
4:00 PM Deacon Paul Beaudoin, Nora Arriola (L),
Joan Lepage (L)
9:00 AM Frank Barrett (EMHC),
Betty Barrett (L),
10:30 AM Nora Mercader (EMHC),
Manny Belay (L), John Anethua (L)
12:00 PM Christy Collado (EMHC), Marvin-Paul
Fernandez (EMHC), Melchor Tejero (EMHC),
Lee Rodrigue (L); Melchor Tejero (L),
Helen Belda (C)

We welcome new members and visitors to our parish. Thank you for praying with us and for helping build a Christian community.



WE PRAY FOR THE GIFT OF HEALING of the mind, body and spirit of **Paul Beaudoin, Marie Burke, Sylvia and Phil Gosselin, Coleen Houle, Carol and Leonard Kane, John Lamont, Norman Levesque, Helen McNeil, Tina Mills, Jennie Morris, Celedonio Ricasio, Jr., and Lucienne Sabourin.** May we be able to reach out to them in compassion.



ADORATION AND WAY OF THE CROSS. Let us walk the road of love with Jesus Christ in the Blessed Sacrament every Friday of Lent at 7:00 P.M., (except for the last one of the month) and pray together in thankfulness for God's love and mercy.

COFFEE, TEA AND FELLOWSHIP: Come to the Hospitality Room after the 9:00 & 10:30 A.M. Sunday Masses. Create and nourish friendships in Christ.

MONTHLY PRAYER ASSEMBLY sponsored by CFC-FFL will be on Saturday, March 9th from 9:30 to 11:45 A.M. Everyone is welcome.

EL SHADDAI PRAISE AND WORSHIP: Every Sunday, after the 12:00 noon Mass. All are invited.

FREE FITNESS CLASS FOR SENIORS: Wednesdays and Fridays from 12:00 to 1:00 P.M. in the Parish Hall. Have fun and be fit.

PLEASE PICK UP YOUR 2018 TAX RECEIPTS AND 2019 OFFERING ENVELOPES on the table behind the right last pew of the church.
Thank you for your generosity and co-operation.

COOK WANTED! The Franciscans would like to engage the services of a cook for the Friary. For details, please speak with Fr. Dominic, 613.746.8503.

40 DAYS FOR LIFE CAMPAIGN consists of prayer and fasting, peaceful vigil, and community outreach, from 6th March to 14th April 2019. Please contact wanda40daysforlife@clife.ca for more information.

LENT RECOLLECTION. An hour of listening and reflection will be held on Sunday, 10th March 2019 from 2:00 to 3:00 P.M. Let us make time to find deeper faith and joy during our Lenten journey.



Mom's Morning Out at Divine Infant Parish sponsors **'GOD'S PLAN FOR YOUR PARENTHOOD,'** a presentation of life experiences and practical tips on helping parents with their sacred task, on Saturday, 16th March 2019, from 11:30 A.M to 2:30 P.M. The free event will start with fellowship and lunch. Please register by 1st March: https://bit.ly/MMO_DI or contact momsmorningout.di@gmail.com.



On **Saturday, 23rd March** after the 4:00 P.M. Mass, a representative of the archdiocese will give a talk on **MAINTAINING A SAFE ENVIRONMENT** in the parish. While this presentation is open to all, parents and volunteers are strongly encouraged to attend.

PILGRIMAGE TO THE HOLY LAND AND JORDAN under the spiritual leadership of Fr. Dominic Lim. Please note that International Heritage Tours moved its information session to Sunday, 24th March at 3:00 o'clock P.M. in the Parish Hall.



Collection Report

For the weeks ending
17th Feb.: \$1,980; 24th Feb.: \$1,802.

A copy of the Treasurer's Report
may be requested from the Parish Office.



*Fasting cleanses the soul, raises the mind,
subjects one's flesh to the spirit,
renders the heart contrite and humble.*

—St. Thomas Aquinas



SCHEDULE OF PARISH MEETINGS

Legion of Mary	Every Sunday	10:30 AM
SLR Choir	Every Sunday	1:30 PM
SLR Filipino Comm	First Monday	7:00 PM
Prayers after Mass	Every Tuesday	8:30 AM
Choir	Every Tuesday	7:00 PM
Catechesis	Every Wednesday	7:30 PM
Temporal Council	Quarterly (2 nd Sat.)	1:00 PM
Liturgy Committee	Second Thursday	7:00 PM
CWL	Third Tuesday	7:00 PM
Altar Guild	Third Wednesday	7:00 PM
Pastoral Council	Third Thursday	7:00 PM
Knights of Columbus	Fourth Thursday	7:00 PM
El Shaddai	Every Sunday	1:30 PM

St. John of God, Religious (March 8)

St. John (1495-1550) was successively a farmer, soldier, and merchant before, at the age of forty, he heeded the word of God and from then on lived at the service of the sick in Granada, Spain. He founded what would become known as the Order of Brothers Hospitallers of St. John of God, a congregation devoted to the infirm.



A Message from Your Pastor

Peace and Goodness!

This Sunday, in both the first reading and the Gospel, we find Sirach and our Lord Jesus conveying the same message: The word that we utter reveals our inner thoughts.

Sirach tells us that man is tested by his word. He also uses the image of the clay that is tested in fire: if properly prepared, it will be a useful vessel but if it is not dried properly, it will break with the extreme heat.

Jesus, on the other hand, tells us that the tree is known by its own fruit. He invites us to look inside of us and examine our heart, he wants us to fill it with good things.

In purifying our heart, we purify the whole body, and in purifying the whole body, we become a temple of the Holy Spirit and a home for God. If the body is purified, the soul is purified, too; and if the whole body is purified, we can more clearly see God: "Blessed are the pure of heart for they shall see God."

As we enter the Lenten season, let us begin by purifying our hearts with the Love of God that transforms and lets us say:

*"Create in me a clean heart, O God,
and put a new and right spirit within me.*

*Cast me not away from thy presence,
and take not thy holy Spirit from me.*

*Restore to me the joy of thy salvation,
and uphold me with a willing spirit.*

(Psalm 51:10-12)

Ave Maria.

Father Dominic



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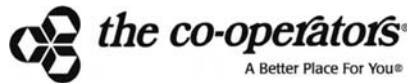
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